

# STUDY NOTES

## TO WHOM IT MAY CONCERN A SERIES at NEW CITY CHURCH

[www.newcityphx.com/sermons](http://www.newcityphx.com/sermons)

The following content is based on the message "Rooted in Triumph" on 7/1/18 at New City Church in Phoenix, AZ. The following is not meant to be a full synopsis but rather a brief look at the main ideas. To use this Study Guide effectively you must listen to the message found at <http://newcityphx.com/sermons/>.

Leaders using these study notes for group study and reflection should read the Biblical text thoroughly before beginning, using this resource as assistance and not relying solely on this material for insight. We encourage all leaders to pray and ask the Spirit for revelation as they lead their respective community groups.

## PRAYER

*Pray and ask God to lead the discussion as everyone gets to share.*

## SCRIPTURE: COLOSSIANS 2:6-15

## WE WANT TO WIN

Want to be a part of something that's winning. In politics, we want to win. In class, we want to get the best grade. In sports, we want to outscore the other team. It is natural for humans to want to win. Desiring to achieve your ideal self is okay. Goals are okay. Striving toward something is okay, BUT you aren't defined by your capacity to win.

- *What are some ways that you strive to win?*
- *Why do you think setting goals are a good thing?*

## WHAT IF WE DON'T WIN?

A problem with focusing on winning is that we start to define ourselves by our capacity to win, and when we don't win, we start to believe that we are not enough. We think we need to earn more. We try to take control and work harder and harder. It's exhausting because we honestly won't be able to live up to our own standards. The way of Jesus is different. As an example, Jesus came to serve and to set himself as a suffering sacrifice for humanity.

- *Share about a time in your life when you exhausted yourself trying to achieve more and more.*
- *Why do you think being consumed with being the best is so hard?*
- *How have you found yourself trying to earn your freedom in Jesus?*

## WHO THE VICTORIOUS JESUS SAYS YOU ARE

**We usually measure the burden by its weight rather than the strength of one lifting it.**

We do this with Jesus. We forget who we are. Who you are is who Jesus says you are. Through faith in him, you are good enough. You are full. You are alive. In Jesus, you lack nothing. Your sin was placed in the grave. Jesus is the triumphant. He is victorious. He gained victory by becoming vulnerable hanging on the cross. To share in his victory, we must acknowledge our vulnerability. Jesus invites us to share in his burden, because he has proven that we are worthy for him to take that burden from us.

**If you are in Christ, you are worthy.**

- *How have you felt like Jesus has taken your burden of sin and perfection?*
- *In what ways do you need reminders to feel like you are worthy in Jesus?*
- *Pray with each other that you would find your victory in Jesus.*