

# STUDY NOTES

## BLUEPRINTS FOR LIFE

a series at New City Church

[www.newcityphx.com/sermons](http://www.newcityphx.com/sermons)

The following content is based on the message "Discipleship: Trusting Jesus with Life Now" on 9/2/18 at New City Church in Phoenix, AZ. The following is not meant to be a full synopsis but rather a brief look at the main ideas. To use this Study Guide effectively you must listen to the message found at <http://newcityphx.com/sermons/>.

Leaders using these study notes for group study and reflection should read the Biblical text thoroughly before beginning, using this resource as assistance and not relying solely on this material for insight. We encourage all leaders to pray and ask the Spirit for revelation as they lead their respective community groups.

## PRAYER

*Pray and ask God to lead the discussion as everyone gets to share.*

## SCRIPTURE: LUKE 6:46-49

## DEFINING DISCIPLESHIP

In the first century Jesus adopted a discipleship model from the culture, except He changed how people got involved. Rather than waiting for people to sign-up, Jesus went out and invited people to follow himself. We can define "disciple" like this:

**A disciple of Jesus is someone who believes that Jesus is the risen Savior and follows His teachings and commandments in every area of life.**

- *What do you think of when you hear "follows His teachings and commandments"?*

A disciple of Jesus allows Jesus's teachings or example to impact every area of life. If you don't allow Jesus to impact every area of your life, then you are saying that you, or that thing, is god.

- *Do you agree that if you don't allow Jesus impact a certain area of your life, then you have made that area of life your god? Why or why not?*

## WHY DO WE FOLLOW THE WAY OF DISCIPLESHIP?

Jesus knows that storms will hit in life, and the best thing to protect against those storms is a strong foundation. Jesus wants you to build your life like the house in this passage. He doesn't want your life to be in ruin. He wants what is best for you. He doesn't want you to fall. If you believed that the way of Jesus was what is best for you, then you would whole heartedly follow him.

**Discipleship is what keeps us from caving in life's storms.**

- *How would you describe the way of Jesus as the way that is best for you?*

## HOW DO WE FOLLOW THE WAY OF DISCIPLESHIP?

If we are convinced that the way of discipleship is what is best for us, then how do we do it? Jesus summarizes His discipleship invitation like this:

**"Come to me, listen to my words, and do them."**

- *What does "come to Jesus" mean to you? How do you practice that?*
- *What does "listen to Jesus's words" look like for you? How do you practice that?*
- *Why do you think you'd rather not practice the words of Jesus that you hear from him?*
- *Why are each one of these steps important to living like Jesus?*

**Read Matthew 11:28-30.** There is nothing that you have to do in order to earn your standing with Jesus. Salvation is a free gift. When we place our trust in Jesus, we are trusting him with our soul. However, the part of discipleship is doing what He says, which means trusting Him with our life right now.

- *How does practicing the way of Jesus lead to life currently, not just after death?*
- *Pray with each other to follow Jesus's three-fold way of discipleship.*