

# NCS MESSAGE GUIDE

**TOPIC:** ABIDING WITH GOD WHEN IT ISN'T EASY

**SCRIPTURE:** 1 Kings 19:1-3

**CENTRAL TRUTH:** God knows that our journey through this life is more than we can handle. We must abide in Him to provide us with all that we need to successfully make our journey.

**PRAYER:** Father in Heaven, thank you for your provisions during this time. We repent of our mistrust in You and ask that you give us the courage to follow you blindly knowing you are a good God.

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## Scripture

And Ahab told Jezebel all that Elijah had done, also how he had executed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So let the gods do *to me*, and more also, if I do not make your life as the life of one of them by tomorrow about this time." And when he saw *that*, he arose and ran for his life, and went to Beersheba, which *belongs* to Judah, and left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a broom tree. And he prayed that he might die, and said, "It is enough! Now, LORD, take my life, for I *am* no better than my fathers!" Then as he lay and slept under a broom tree, suddenly an angel touched him, and said to him, "Arise *and* eat." Then he looked, and there by his head *was* a cake baked on coals, and a jar of water. So he ate and drank, and lay down again. And the angel of the LORD came back the second time, and touched him, and said, "Arise *and* eat, because the journey *is* too great for you." So he arose, and ate and drank; and he went in the strength of that food forty days and forty nights as far as Horeb, the mountain of God.

## Message Summary

Jezebel the wicked wife of king Ahab has vowed to kill Elijah and we see this mighty man of God is fleeing for his life. The experiences of Elijah so mirrors the experiences of our lives. Men of God can sometimes experience fear and defeat. But Elijah had God's promise never to leave him.

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## Questions to Consider

1. Why do you think Elijah responded to Jezebel's threat the way he did?
2. Later on, God ask Elijah, 'What are you doing here?' How would you have responded to that question?
3. How could you use this story to encourage yourself or someone else who is feeling hopeless in hard times?

## **Daily Spiritual Practice**

### *Monday*

- Listen to the song “*It is Well*” that is on our Youtube Channel.

### *Tuesday*

- Read Psalm 46 and reflect for 3 minutes on the scripture.

### *Wednesday*

- Write reasons you can trust God with your life?

### *Thursday*

- Take time today to be aware of God’s presence and Him being with you while you’re doing a task today (ex. washing dishes, doing homework, spending time with family).

### *Friday*

- Take at least 5 minutes to reflect and celebrate the fact that God is WITH us. Listen to the song “God with us” by Jesus Culture.

