

NCS MESSAGE GUIDE

TOPIC: Recognizing Our Hunger for God

SCRIPTURE: John 6:33-35a

CENTRAL TRUTH: Involve Jesus in your life everyday to fulfill the “hunger” (or desires) you may have in life.

PRAYER: Father in Heaven, give me a deeper desire and hunger to hear from you, and be with you daily.

Scripture

33 The true bread of God is the one who comes down from heaven and gives life to the world.”

34 “Sir,” they said, “give us that bread every day.”

35 Jesus replied, “I am the bread of life.

Message Summary

In this passage Jesus compared himself to food that we need everyday to live. As believers Jesus invites us to depend on him daily just like we depend on food to live and survive. We can grow our hunger and desire to be with Jesus by recognizing our social and emotional desires in life. If we are hungry for love a relationship may bring, or the joy a gift may bring us, we can find that in our relationship with Jesus. Jesus promised through his spirit he would give us love, joy, and peace (Galatians 5:22-23). This week during the pandemic we challenge you to create a habit of involving Jesus in more of your life and going to Him first when you may be in need of more love, joy, or peace in your life.

Questions to Consider

1. Do you currently involve Jesus in your day? Why or why not?
2. How do YOU hear from God? What’s the last thing you heard from Him?
3. Is it possible to view Jesus just as important as food? Why or why not?

Daily Spiritual Practice

Monday

- Listen to the song “Hunger” by David & Nicole Binion

Tuesday

- Read Psalm 63 and reflect for 5 minutes on the scripture.

Wednesday

- During your lunch break today skip eating lunch and spend the time with God by reading scripture, praying, and hearing from Him.

Thursday

- Take time today to pray and intentionally ask God to grow your hunger and desire for being with Him.

Friday

- Listen to the song "Testify" by NEEDTOBREATHE.