

# STUDY NOTES

## THE WAYS OF GRACE

A Series At New City Church

[www.newcityphx.com/sermons](http://www.newcityphx.com/sermons)

The following content is based on the message "Anxiety and the Unshakable Kingdom" on 10/13/19 at New City Church in Phoenix, AZ. The following is not meant to be a full synopsis but rather a brief look at the main ideas. To use this study guide effectively, you must listen to the message found at <http://newcityphx.com/sermons/>.

Leaders using these study notes for group study and reflection should read the biblical text thoroughly before beginning, using this resource as assistance and not relying solely on this material for insight. We encourage all leaders to pray and ask the Spirit for revelation as they lead their respective community groups.

## PRAYER

Pray and ask God to lead the discussion as everyone gets to share.

## SCRIPTURE: MATTHEW 6:25-34

## TURNING OUR FLAWS TO GOD

The Enneagram offers nine mirrors for self-reflection. The goal of the Enneagram is to help you let go of the walls you've built because of sin and fear. It should guide you in learning to be more comfortable with your flaws and turning them over to God! The Enneagram type 6 is the "loyalist."

## THE LOYALIST

People who identify as the loyalist type have a basic desire to find security and support. It is the most common type in the United States. They seek a sense of stability, and when they find that stability, they are hard working, reliable and trustworthy. They can also troubleshoot problems really well.

**The loyalist's basic desire is to have security and support.**

- *Do you know a loyalist? What is it like interacting with that person?*
- *How have you seen the loyalist's character traits used for good?*

## THE LOYALIST AND ANXIETY

When loyalist types don't feel a sense of security, they can become anxious. They are often filled with a nameless anxiety because they desire something that is solid and clear-cut in their lives. It is tempting to turn to things of the world for security, but in our passage today, Jesus tells us that we should be turning to him for our secure foundation.

- *What makes you anxious? Or from where do you gain your security?*
- *How have those things proven to be unstable?*

## AN UNSHAKABLE KINGDOM

In this world, we will all face difficulties. The key to dealing with those troubles isn't pretending that everything is fine, but rather turning to that which cannot be shaken.

**Read HEBREWS 12:28-13:9.** Regardless of what life looks like, Jesus promises to be with each of us and he promises to be the same "yesterday, today, and forever."

- *What does the description "unshakable" mean to you when describing the kingdom of God? Why is it important?*

Finding our security in the strong foundation of the unshakable kingdom should lead us to action. Hebrews lists some ways that our foundation can increase our stability in other relationships.

- *How does a strong foundation lead you to love others more?*
- *Pray with each other to find your security in the unshakable kingdom.*